

**Detailed class information &
schedule for The Kingdom of
Avacal's
Grand TUA
held in the
Barony of Myrgan Wood,
May 18th & 19th, 2019**

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Academic Classes (SCA & U of Saskatchewan)

Stream: Academic

Class Title: Museum Tours

Instructor: Museum staff

Saturday 10:00:00 AM 1 hour Peter MacKinnon

Attendee Minimum: Maximum: Cost: 0 Prereg req'd:

Stream: Academic

Class Title: Pottery Class

Instructor: Mikayla Coad

Saturday 10:00:00 AM 1 hour Peter MacKinnon, Green Room

Assistant Curator of the recently acquired Pottery collection. Mikayla loves examining the pottery in our collection for the information it shares about the daily life of ancient people. She has spent 2 seasons of excavation at the site of Tel Beth-Shemesh, Israel. Most recently as a Square Supervisor and Pottery Supervisor. Hands on class.

Attendee Minimum: Maximum: 20 Cost: 0 Prereg req'd:

Stream: Academic

Class Title: Silk Cocoon Reeling

Instructor: Lady Effym Cowie Murray

Saturday 11:15:00 AM 1 hour Archaeology, 112

We will unravel raw silk cocoons and reel them into un-spun reeled silk threads. The life cycle of a silk moth will be discussed as well as how to clean and finish your reeled silk threads.

Attendee Minimum: 1 Maximum: 10 Cost: 2 Prereg req'd: No

Stream: Academic

Class Title: Museum Tours

Instructor: Museum staff

Saturday 11:15:00 AM 1 hour Peter MacKinnon

Attendee Minimum: Maximum: Cost: 0 Prereg req'd:

Stream: Academic

Class Title: Greek Coins

Instructor: Dr. Tracene Harvey

Saturday 11:15:00 AM 1 hour Peter MacKinnon, Green Room

Museum of Antiquities Director and Curator, in addition to being a Numismatics expert and author. Hands on class.

Attendee Minimum: Maximum: Cost: 0 Prereg req'd:

Stream: Academic

Class Title: How can genetic research inform us about the middle ages?

Instructor: Mistress Kataryna Tkach

Saturday 11:15:00 AM 1 hour Physics, 130

Diet, migration, climate changes and even textiles determination; these are all things that genetics can tell us about what the middle ages were like. Join me in a discussion of the current literature that uses genetics to determine what life was like in the medieval period; and a description of how these types of analysis are done.

Attendee Minimum: 1 Maximum: Cost: 0 Prereg req'd: No

Stream: Academic

Class Title: Intro to Scythian (Altai and Tarim Basin)

Instructor: Viscountess Maiosara, OL

Saturday 1:30:00 PM 1 hour Kirk Hall, 144

Have you ever wondered what the nomadic peoples of the Central Asian steppes were like? Come by for an introduction to the ancient tribes of Siberia/Mongolia/China/Kazakhstan; their nomadic lifestyle, warfare, clothing, and food.

Attendee Minimum: 1 Maximum: Cost: 0 Prereg req'd: No

Stream: Academic

Class Title: Museum Tours

Instructor: Museum staff

Saturday 1:30:00 PM 1 hour Peter MacKinnon

Attendee Minimum: Maximum: Cost: 0 Prereg req'd:

Stream: Academic

Class Title: Roman Coins

Instructor: Dr. Tracene Harvey

Saturday 1:30:00 PM 1 hour Peter MacKinnon, Green Room

Museum of Antiquities Director and Curator, in addition to being a Numismatics expert and author. Hands on class.

Attendee Minimum: Maximum: Cost: 0 Prereg req'd:

Stream: Academic

Class Title: Museum Tours

Instructor: Museum staff

Saturday 2:45:00 PM 1 hour Peter MacKinnon

Attendee Minimum: Maximum: Cost: 0 Prereg req'd:

Stream: Academic

Class Title: Virtus Game

Instructor: Jackson Hase

Saturday 2:45:00 PM 2 hours Peter MacKinnon, Green Room

Virtus is a card game that simulates in a hilarious, realistic, and sometimes tragic manner the acquisition and loss of male honour in the middle ages. It was created by the students of History 414 'Masculinity in Middle Ages and Renaissance' taught by Professor Frank Klaassen at the University of Saskatchewan in 2017. Play the game!!

Attendee Minimum: Maximum: Cost: 0 Prereg req'd:

Stream: Academic

Class Title: Plants along the silk road - what does genetic analysis tell us

Instructor: Mistress Kataryna Tkach

Saturday 2:45:00 PM 1 hour Physics, 130

This class will go through some of the new information coming from genetic studies of fruit and crop archaeobotany along the silk road. What food was being transported over this important trade route, and how did it change over time?

Attendee Minimum: 1 Maximum: Cost: 0 Prereg req'd: No

Stream: Academic

Class Title: Museum Tours

Instructor: Museum staff

Saturday 4:00:00 PM 1 hour Peter MacKinnon

Attendee Minimum: Maximum: Cost: 0 Prereg req'd:

Stream: Academic

Class Title: Middle English Poetry

Instructor: Dr. Michael Cichon

Sunday 10:15:00 AM 1 hour Physics, 130

Dr. Cichon is a professor in English with a focus on historical literature. He is happy to talk to us about middle english poetry, and set us up for the subsequent class on Chaucer's works.

Attendee Minimum: Maximum: Cost: Prereg req'd:

Stream: Academic

Class Title: An introduction to horses in history

Instructor: Lordship Myghchaell Laughlin

Sunday 11:30:00 AM 1 hour Kirk Hall, 146

There is a lot of myth and movie magic that is different than reality of history. Let's take a quick look at horses in history.

Attendee Minimum: 1 Maximum: Cost: 0 Prereg req'd: No

Stream: Academic

Class Title: Chaucer Manuscripts

Instructor: Dr. Peter Robinson

Sunday 11:30:00 AM 1 hour Physics, 130

Here is your chance to help discover the True Text of the Canterbury Tales! There are 30,000 pages of manuscripts containing the Tales and we are transcribing them all into the computer. Come find about this world-leading project, how it works (hint: we use DNA techniques) and learn how to transcribe a Chaucer manuscript. If you bring your computer you can transcribe a manuscript!

Attendee Minimum: Maximum: Cost: Prereg req'd:

Stream: Academic

Class Title: Plague!

Instructor: Mistress Dorothy Bolton, OL

Sunday 2:45:00 PM 1 hour Physics, 126

An overview of the epidemiology, history, and social consequences of the two most deadly outbreaks of yersinia pestis Plague: the Great Mortality (the Black Death) in Europe, 1347-1351 C.E.; and the Plague of Justinian in the Byzantine Empire, 541-542 C.E. Students are invited to bring notetaking equipment.

Attendee Minimum: 1 Maximum: Cost: 0 Prereg req'd: No

SCA Administration Classes

Stream: Admin

Class Title: Care and Feeding of Volunteers

Instructor: Baroness Katerinka Lvovicha

Saturday 10:00:00 AM 1 hour Physics, 130

This talk discusses how to attract volunteers and things you can do to keep them happy.

Attendee Minimum: 1 Maximum: Cost: 0 Prereg req'd: No

Stream: Admin

Class Title: Introduction to Heraldry in the SCA

Instructor: Tuk

Saturday 2:45:00 PM 1 hour Kirk Hall, 144

Attendee Minimum: Maximum: Cost: 0 Prereg req'd:

Stream: Admin

Class Title: So you are going to run a demo!

Instructor: Countess Svava Suanhuita

Saturday 4:00:00 PM 1 hour Archaeology, 124

Class will touch on organizing tips, must haves, setting up panels and topics. We want to focus on how to engage our audience and share our excitement.

Attendee Minimum: 5 Maximum: Cost: TBA Prereg req'd: No

Stream: Admin

Class Title: Tips & Tricks for an Event Steward

Instructor: Maistreas Kathryn

Saturday 4:00:00 PM 1 hour Physics, 128

Tips and tricks for an event steward such as timelines, organization for optimal results, communication and self care

Attendee Minimum: 1 Maximum: Cost: 0 Prereg req'd: No

Stream: Admin

Class Title: Obstacles to Communication

Instructor: Maistreas Kathryn

Sunday 11:30:00 AM 1 hour Physics, 126

Discussion on being more improved interpersonal communication and tips In dealing with obstacles in more effective communication.

Attendee Minimum: 3 Maximum: Cost: 0 Prereg req'd: No

Stream: Admin

Class Title: Exchequer 101

Instructor: Henry

Sunday 1:30:00 PM 1 hour Physics, 128

Attendee Minimum: Maximum: Cost: Prereg req'd:

Stream: Admin

Class Title: What we learned about starting an equestrian team

Instructor: Lordship Myghchaell Laughlin

Sunday 2:45:00 PM 1 hour Kirk Hall, 144

How do you start an equestrian group with no horses? Here are some of the things we learned along the way. Some of the things that worked and others that did not.

Attendee Minimum: 1 **Maximum:** Cost: 0 **Prereg req'd:** No

Stream: Admin

Class Title: Exchequer Hour

Instructor: Ellisif Snorraddottir - Avacal Exchequer

Sunday 2:45:00 PM 1 hour Physics, 130

I'll set up my laptop and have paperwork handy. People who need to give or get money can come by as well as anyone with questions.

Attendee Minimum: 1 **Maximum:** Cost: 0 **Prereg req'd:** No

Archery and Thrown Weapons Classes

Stream: Archery/Thrown Weapons

Class Title: Quiver Making

Instructor: Sir Ellias Silver

Saturday 1:30:00 PM 3 hour John Mitchell, 182

Greetings Avacal!!

Have you ever wanted to have your own quiver? Better yet have you ever wanted to make your own? Well then TUA is upon us and this year I would like to offer a course on crafting a three strap back quiver. But this will not be any ordinary class, you will be making your own quiver!

Together we will cover every aspect of construction from start to finish. Measuring, patterning, cutting, dying, sewing, assembly, fur trim.....everything. ALL materials will be provided. Needles, sinew, dye, gloves, daubers, fur, leather, adhesive, blades, buckles, rivets, rings & clasps...everything. The only thing you need to bring is you.

This class will be 3 Hours long and the cost will be \$100.00. Once you register for the class you will be sent a conformation email along with a form you will need to fill out detailing what style of quiver you would like. (Colour, Trim, Buckles etc..) I will then bring everything to site and by the end of the class you will walk away with your own custom made back quiver.

Attendee Minimum: 1 Maximum: 10 Cost: 100 Prereg req'd: Yes

Stream: Archery/Thrown Weapons

Class Title: Basic Arrow Crafting and Tuning

Instructor: Hallsbjorn Magnusson & Skane Tyrsson

Sunday 9:00:00 AM 1 hour John Mitchell, 182

How to make basic wooden arrows from start to finish, then how to tune them to you and your bow.

Attendee Minimum: 1 Maximum: Cost: 0 Prereg req'd: Yes

Stream: Archery/Thrown Weapons

Class Title: Learn how to Throw Weapons!

Instructor: Magnus and Seren

Sunday 10:15:00 AM 1 hour John Mitchell, 182

Basic range and safety knowledge and etiquette, along with beginner to advanced level throwing techniques. We will cover knives, axes and spears.

*This is not a thrown weapon practice. Pre-register to guarantee your spot.

Attendee Minimum: 1 Maximum: 15 Cost: 0 Prereg req'd: No

Stream: Archery/Thrown Weapons

Class Title: Archery Marshall

Instructor: Warden Ayame Houjou

Sunday 2:45:00 PM 1 hour Physics, 128

Learn how to be a Jr Archery Marshall

Attendee Minimum: 1 Maximum: Cost: 0 Prereg req'd: No

Cooking Classes

Stream: Cooking

Class Title: Viking Age Cooking Adventures

Instructor: Inga the Unfettered, OL

Saturday 1:30:00 PM 2 hours Physics, 126

A practical discussion of preparing Viking Age meals using plausible recipes and ingredients. Come prepared to take notes and hear about my successes and failures! A handout of resources will be provided free of charge.

Attendee Minimum: 1 **Maximum:** 20 **Cost:** 0 **Prereg req'd:** No

Stream: Cooking

Class Title: Making Mead

Instructor: Mistress Coryn of the Wode

Saturday 4:00:00 PM 1 hour Kirk Hall, 146

We will discuss the basic equipment and procedure for making various meads in the medieval way and also some modern ways to make the process more predictable. Beginners and more experienced brewers are welcome. There will be samples, so this is an adults-only class.

Attendee Minimum: 1 **Maximum:** 20 **Cost:** 0 **Prereg req'd:** No

Stream: Cooking

Class Title: How to determine the amount of spice in a medieval recipe - the flavour matrix revealed

Instructor: Arwyn of Leicester, OP

Sunday 11:30:00 AM 1 hour Physics, 127

Come learn about new emerging research about the flavour matrix and how it can be applied to medieval spices. We will then compare a medieval chicken stew recipe with a modern one to determine how flavour matrix pairing can help us with our cooking. All leading up to us tasting a medieval chicken stew with the spices. Please bring feast gear if you wish to taste the stew! This is a different recipe from Crown's class!

Attendee Minimum: 1 **Maximum:** 10 **Cost:** 0 **Prereg req'd:** No

Costuming Classes

Stream: Costuming

Class Title: Make your own SCA shoe class

Instructor: Kvigir Ivarsson

Saturday 10:00:00 AM 1 hour John Mitchell, 182

We will start on the process of making an SCA shoe. SCA shoe? because I have zero documentation and will not :P. But I have received the pattern and know how from people that I trust have.

2 Types of shoe

- A turn shoe (1 Toggle or 2 Toggle)

- Celtic/Norse Iron age Laced Shoe

Colour options will be Dark Brown/Black/Tan

Price is currently being figured and will be based on what type of shoe is chosen. Class is also free for anyone that wants to just observe, depending on space.

Attendee Minimum: 1 **Maximum:** Cost: \$60 Turn shoe (2 toggles) \$50/ Turn shoe (1 toggles) \$40/ Laces Iron age Sandle/shoe **Prereg req'd:** Yes

Stream: Costuming

Class Title: Introduction to Drawn-Thread Embroidery

Instructor: Her Majesty Kora Kendal

Saturday 10:00:00 AM 2 hours Kirk Hall, 146

We will draw threads from tabby-weave linen and make a small sampler of hemstitch with variations including ladder, interlaced and serpentine. All materials will be provided for use during this class. If attendees would like to bring their own scissors and needles, you are welcome to do so. Previous experience in embroidery is a requisite for this class.

Attendee Minimum: 1 **Maximum:** 4 **Cost:** 1 **Prereg req'd:** No

Stream: Costuming

Class Title: Aprons through the ages

Instructor: Adelheid Holtzhauer - Avacal Minister of Arts & Sciences

Saturday 10:00:00 AM 1 hour Physics, 126

An overview of aprons through SCA history. We will track the evolution of this standard accessory from the viking age through the dark ages, middle ages and finally the Renaissance.

Class will include patterns for at least 3 different styles of apron.

Attendee Minimum: 1 **Maximum:** 10 **Cost:** 3 **Prereg req'd:** No

Stream: Costuming

Class Title: Plain Sewing I

Instructor: Viscountess Sadb Jófreysdóttir

Saturday 10:00:00 AM 1 hour Physics, 127

Basic Sewing Stitches

Attendee Minimum: 1 **Maximum:** 6 **Cost:** 2 **Prereg req'd:** No

Stream: Costuming

Class Title: Plain Sewing II, Seam Finishing

Instructor: Mistress Issabella Kendal

Saturday 11:15:00 AM 1 hour Physics, 127

Four common seam finishing techniques for medieval and renaissance Europe

Attendee Minimum: 1 Maximum: 6 Cost: 2 Prereg req'd: No

Stream: Costuming

Class Title: Plain Sewing III - Hems

Instructor: Viscountess Sadb Jófreysdóttir, OL, OP

Saturday 1:30:00 PM 1 hour Physics, 127

Learn how to make rolled, turned & felled and curved edge hems.

Attendee Minimum: 1 Maximum: 6 Cost: 2 Prereg req'd: No

Stream: Costuming

Class Title: Plain Sewing IV, Gathering, Pleating and Cartridge Pleating

Instructor: Mistress Issabella Kendal

Saturday 2:45:00 PM 1 hour Physics, 127

How to Gather, Pleat and Cartridge Pleat by had both into a seam and onto a band. 1 hour

Attendee Minimum: 1 Maximum: 6 Cost: 2 Prereg req'd: No

Stream: Costuming

Class Title: 15th C Gown Styles

Instructor: THL Amelinne d'Yvry

Saturday 4:00:00 PM 1 hour Kirk Hall, 144

One Hour. This will be a class that looks at the difference in styles of gowns for women between 1500 and 1600.

Attendee Minimum: 1 Maximum: Cost: 0 Prereg req'd: No

Stream: Costuming

Class Title: Plain Sewing V, Buttonholes and eyelets

Instructor: Mistress Issabella Kendal

Saturday 4:00:00 PM 1 hour Physics, 127

Techniques for making buttonholes and eyelets by hand

Attendee Minimum: 1 Maximum: 6 Cost: 2 Prereg req'd: No

Stream: Costuming

Class Title: Introduction to Viking Age Clothing

Instructor: Inga the Unfettered, OL and Sir Arnsbjorn Tiernanson

Sunday 9:00:00 AM 2 hours Archaeology, 124

A discussion of how people dressed in the Viking Age. Intended to be an overview of common clothing, jewelry, footwear and personal items. Course will include variations due to gender, social status and geography. Bring note-taking materials and lots of questions!

Attendee Minimum: 1 Maximum: Cost: 0 Prereg req'd: No

Stream: Costuming

Class Title: How to Wrap a Sari

Instructor: Jehannette de Brie

Sunday 9:00:00 AM 1 hour John Mitchell, 186

You will learn how to wrap a woman's sari without using pins. Participants are asked bring a cotton or silk sari to the class (minimum length 5 meters), limited extras will be available. Please wear leggings or tight fitting shorts in order to get hands-on practice in wrapping a simple sari.

Attendee Minimum: 2 **Maximum:** Cost: 0 **Prereg req'd:** No

Stream: Costuming

Class Title: 13-15th C gown fitting class

Instructor: THL Amelinne d'Yvry

Sunday 9:00:00 AM 3 hour Kirk Hall, 144

We will be fitting people and showing you how to fit others. As this is a hands on class, you will need to be comfortable with another person touching you. You must wear a top that can easily be removed. A sports bra will do, but you will not need a bra at all if the gown is fitted properly. BRING WITH YOU canvas for your pattern (something that does not stretch) and SAFETY PINS! The class limit, for me fitting someone is 1-3. If there are others that wish to bring a designated fitter...that number can go to 10. (If everyone brings someone that will be 20 people in the class. PLEASE NOTE WHAT YOU MUST BRING! I will NOT have extras. The first 2 people volunteer to be fitted by me, shall be fitted at the class. Please send me an email to confirm.

Attendee Minimum: 1 **Maximum:** 10 **Cost:** 0 **Prereg req'd:** Yes

Stream: Costuming

Class Title: Plain Sewing VI, modern pressing tools for period tailors

Instructor: Mistress Issabella Kendal and Mistress Sadb ingen Tuathail

Sunday 9:00:00 AM 1 hour Physics, 127

A discussion and demonstration of pressing tools. (What is that thing and why should I use it?) 1 hr

Attendee Minimum: 1 **Maximum:** Cost: 2 **Prereg req'd:** No

Stream: Costuming

Class Title: Working with Natural Fur as Trim on Garb

Instructor: Krescentia von Helfenstein

Sunday 10:15:00 AM 1 hour Physics, 126

The main focus is how to cut fur properly and methods to attach it as trim on hats, cuffs, collars, etc. Participants can practice sewing by hand with glover's needles and cotton quilting thread using fur scraps. A handout of fur types that would be period will also be provided. Samples of some new fur pelts, or parts thereof, will also be on display.

Attendee Minimum: 1 **Maximum:** 12 **Cost:** 0 **Prereg req'd:** No

Stream: Costuming

Class Title: 16th Century Hose, history and creation

Instructor: Adelheid Holtzhauer

Sunday 10:15:00 AM 1 hour Physics, 127

A walk through the history of woven fabric hose and their evolution from the viking era through to early modern fashion. Included in the class we will be drape drafting a hose pattern.

Attendee Minimum: 1 Maximum: 8 Cost: 10 Prereg req'd: No

Stream: Costuming

Class Title: Make your own SCA shoe workshop

Instructor: Kvigir Ivarsson

Sunday 1:30:00 PM 1 hour Archaeology, 112

We will start on the process of making an SCA shoe. SCA shoe? because I have zero documentation and will not :P. But I have received the pattern and know how from people that I trust have.

2 Types of shoe

- A turn shoe (1 Toggle or 2 Toggle)
- Celtic/Norse Iron age Laced Shoe

Colour options will be Dark Brown/Black/Tan

Price is currently being figured and will be based on what type of shoe is chosen. Class is also free for anyone that wants to just observe, depending on space.

Attendee Minimum: 1 Maximum: Cost: TBA Prereg req'd: Yes

Dance Classes

Stream: Dance

Class Title: Beginner dance

Instructor: HL Catherine of the Rowan Tree

Saturday 11:15:00 AM 1 hour John Mitchell, North Studio

This class will teach some easy dances for the evening ball. It will include four core pieces for social dance in the SCA: processional pavan, an alman, a circle dance, and an English country dance.

This class is designed for beginners, but dancers of all skill levels are welcome. You can register singly; couples not required. Wear comfortable shoes, preferably the ones you will be dancing in tonight! Bring a water bottle, too.

Attendee Minimum: 2 **Maximum:** 24 **Cost:** 0 **Prereg req'd:** No

Stream: Dance

Class Title: Two 15th century dances (intermediate)

Instructor: HL Catherine of the Rowan Tree

Saturday 1:30:00 PM 1 hour John Mitchell, North Studio

Lybens Distonys (English Gresley repertoire) and Amoros (early Italian) are couples' dances which share an alternating pattern of partners traveling together, then separating for run-away and chase sequences.

Recommended for those with prior dance experience in any modern or period style, or if you are a quick study. You can register singly; couples not required. Wear comfortable shoes, preferably the ones you will be dancing in tonight! Bring a water bottle, too.

Attendee Minimum: 2 **Maximum:** 24 **Cost:** 0 **Prereg req'd:** No

Stream: Dance

Class Title: Ballo del Fiore (intermediate)

Instructor: HL Catherine of the Rowan Tree

Saturday 2:45:00 PM 1 hour John Mitchell, North Studio

This 16th century Italian "Dance of the Flower" will open set two of the ball. The class will begin with learning the step repertoire. The dance has a four-part pattern, which repeats multiple times with different partners.

Recommended for those with prior dance experience in any modern or period style, or if you are a quick study. You can register singly; couples not required. Wear comfortable shoes, preferably the ones you will be dancing in tonight! Bring a water bottle, too.

Attendee Minimum: 2 **Maximum:** 16 **Cost:** 0 **Prereg req'd:** No

Stream: Dance

Class Title: An introduction to period dance sources

Instructor: HL Catherine of the Rowan Tree

Sunday 1:30:00 PM 1 hour Kirk Hall, 146

Ever wondered where our SCA dances come from? This book class will introduce some of the period sources for French, English, and Italian dancing. Many of them contain more than just step descriptions and choreography. You can mine them for persona development too! Ancillary chapters in various manuals might cover music theory and instruments, court formalities, etiquette, fencing, palmistry,

recipes, law, or hints on costume - not to mention examples of excessively flattering introductions. This is not a movement class; we'll sit and read some excerpts together and explore how they connect to aspects of Renaissance culture.

Attendee Minimum: 2 Maximum: 12 Cost: 0 Prereg req'd: No

SCA Heraldry Classes

Stream: Heraldry

Class Title: Voice Heraldry as Performance Art

Instructor: Baroness Katerinka Lvovicha

Sunday 9:00:00 AM 1 hour Physics, 126

how to keep your audience entertained. This talk will review some organizational and vocal techniques which can be used to ensure an engaging performance in any situation.

Attendee Minimum: 1 Maximum: Cost: 0 Prereg req'd: No

Stream: Heraldry

Class Title: Device Display-Unique ways to use heraldry in SCA beyond the tourney tile.

Instructor: Amery Stewart

Sunday 1:30:00 PM 1 hour Physics, 126

Students will have an opportunity to explore display options for their devices and badges in a unique way For every day life with the SCA outside of tournament kit, as well as basic rules governing when and how to Display Their devices and badges.

Attendee Minimum: 1 Maximum: Cost: 0 Prereg req'd: No

Stream: Heraldry

Class Title: Introduction to Charge Groups and SENA

Instructor: Dame Arwyn of Leicester, White Wyvern Herald

Sunday 1:30:00 PM 1 hour Physics, 127

Before you can check a device or badge for conflict, we need to understand charge groups. Heraldry has primary, secondary and tertiary charge groups that need to be identified first before you can use SENA (Standards for Evaluation of Names and Armory) to determine conflicts. Come learn about charge group theory and practice identifying them. This a precursor class to Beginner Armory Conflict Checking.

Attendee Minimum: 1 Maximum: Cost: 0 Prereg req'd: No

Stream: Heraldry

Class Title: Beginner Armory Conflict Checking

Instructor: Dame Arwyn of Leicester, White Wyvern Herald

Sunday 2:45:00 PM 1 hour Physics, 127

Now that we have helped our submitter design an acceptable device or badge, we need check to see it conflicts with previous registrations. Come learn about the conflict checking involves and how we use it with SENA (Standards for Evaluation of Names and Armory). Prerequisite is either Charge Group Theory class or pre-approval of instructor or Sanguinaris Herald.

Attendee Minimum: 1 Maximum: Cost: 0 Prereg req'd: No

Classes in Martial Arts including armoured & rapier

Stream: Martial

Class Title: The Training Process

Instructor: Duke Sir Sean Kirkpatrick Tarragon

Saturday 10:00:00 AM 1 hour Kirk Hall, 144

Lecture-based discussion on effective means of learning SCA combat. An understanding of the Training Process will allow you to make more efficient use of the training time you have available. This class is useful for either heavy weapons or rapier combat.

Attendee Minimum: 1 Maximum: Cost: 0 Prereg req'd: No

Stream: Martial

Class Title: The Four Principles of Fighting

Instructor: Duke Eduard Gostomski

Saturday 11:15:00 AM 1 hour John Mitchell, 282

Re-imagining and rethinking fighting. This appropriate for both armoured & rapier combat.

Attendee Minimum: 1 Maximum: Cost: 0 Prereg req'd: No

Stream: Martial

Class Title: Getting Goofy

Instructor: Duke Eduard Gostomski

Saturday 1:30:00 PM 1 hour John Mitchell, 282

The principles and advantages of sword-lead fighting. This class will include movement and is appropriate for both armoured and rapier combat.

Attendee Minimum: 1 Maximum: Cost: 0 Prereg req'd: No

Stream: Martial

Class Title: Fighting headspace - how to get into the zone

Instructor: Alessandra Luciana Giancomo

Saturday 2:45:00 PM 1 hour John Mitchell, 186

Geared towards achieving and maintaining a good headspace while fighting

Attendee Minimum: 1 Maximum: Cost: 0 Prereg req'd: No

Stream: Martial

Class Title: Pel Training - The Pel Wants You To Hit It

Instructor: Sir Gunther

Saturday 2:45:00 PM 1 hour John Mitchell, 282

Viscount Sir Gunther considers pell practice to be a significant contribution to his skill development and success. Come and learn - and if you can, bring a pell.

Attendee Minimum: 1 Maximum: Cost: 0 Prereg req'd: No

Stream: Martial

Class Title: Crossover between armoured and rapier combat

Instructor: Viscount Gunther Rorikson & Baron Raoul Delaroche

Saturday 4:00:00 PM 1 hour John Mitchell, 282

Examining the key similarities and differences between the two disciplines and how trying the other can be beneficial.

Attendee Minimum: 1 Maximum: Cost: 0 Prereg req'd: No

Stream: Martial

Class Title: SCA Rapier - the basics

Instructor: William Bennet. Avacal Rapier Champion. Companion of the Order of Defense

Sunday 9:00:00 AM 1 hour John Mitchell, 282

This class is for those interested in starting the art of rapier or for those who want a refresher or a new perspective on rapier in the SCA. Class participation is encouraged as there will be substantial hands on components. This class will cover everything from how to stand and hold the weapon, through movement, basic attack and defense as well as the fundamental rules of SCA (specifically Avacal) rapier combat.

(minors 14+ only please)

Attendee Minimum: 1 Maximum: 20 Cost: 0 Prereg req'd: No

Stream: Martial

Class Title: Don't Refuse, Resist

Instructor: Duke Eduard Gostomski

Sunday 9:00:00 AM 1 hour Kirk Hall, 146

Using resistance training to take your fighting to the next level. This is a lecture class and could be applicable to both armored and rapier combat.

Attendee Minimum: 1 Maximum: Cost: 0 Prereg req'd: No

Stream: Martial

Class Title: How to Run Effective Drills

Instructor: Duke Sir Sean Kirkpatrick Tarragon

Sunday 10:15:00 AM 1 hour John Mitchell, 282

Discussion of what makes effective drills for working with students. Demonstration of several drills including an understanding of the Trainer and Trainee Roles. This class is useful for both heavy weapons and rapier fighters.

Attendee Minimum: 1 Maximum: Cost: 0 Prereg req'd: No

Stream: Martial

Class Title: Fighting Analysis for Heavy Weapons Combat

Instructor: Duke Sir Sean Kirkpatrick Tarragon

Sunday 11:30:00 AM 1 hour John Mitchell, 282

Discussion and instruction on how to analyze heavy weapons combat. This class is for fully armored fighters fighting with their weapon of choice.

Attendee Minimum: 1 Maximum: 20 Cost: 0 Prereg req'd: No

Stream: Martial

Class Title: Fight Choreography - rapier & dagger

Instructor: Iain Rose

Sunday 1:30:00 PM 2 hours John Mitchell, 282

Mr. Rose is an accomplished fencer and recognized stage combat choreographer, technical director, and instructor in the Drama Department at the University of Saskatchewan.

Attendee Minimum: Maximum: 16 Cost: 0 Prereg req'd:

Other Classes

Stream: Other

Class Title: Egyptian Faience

Instructor: HL Li Xia

Saturday 11:15:00 AM 1 hour Archaeology, 124

Come learn about the precursor to modern glass, Faience! This class will cover a brief history of Faience followed by hands-on playing with the material.

This class requires no prior experience.

Please bring an apron and ways to hold sleeves back if you are concerned about possibly staining your garb.

Kits are \$10 each and includes use of all required tools, equipment and safety gear as well as all consumables. Kits will make a large quantity of beads and pendant shapes, and can be shared between two people, but usually people end up wanting to play with a full kit themselves.

Attendee Minimum: 1 **Maximum:** 20 **Cost:** 10 **Prereg req'd:** No

Stream: Other

Class Title: Beginner's Soapstone Carving

Instructor: Philippe de St-Denis, O.L.

Saturday 1:30:00 PM 2 hours Archaeology, 112

A basic class on learning the various tools and techniques of soapstone carving. This is a hands-on class.

Students may expect to create a small carving.

Attendee Minimum: 2 **Maximum:** 6 **Cost:** 5 **Prereg req'd:** Yes

Stream: Other

Class Title: Basics of Kumihimo

Instructor: Rose Plunkett

Sunday 9:00:00 AM 1 hour Physics, 128

Each participant will learn how to create an 8 strand braided cord in 2 colours.

Attendee Minimum: 1 **Maximum:** 6 **Cost:** 0 **Prereg req'd:** No

Stream: Other

Class Title: Introduction to wet felting

Instructor: Her Royal Highness Saxa

Sunday 11:30:00 AM 1 hour Archaeology, 112

Everything you need to know about making wool stick to itself. We will go over wet Felting techniques and start a wet felting project. Students need to bring a big towel and wear a top that has sleeves that can be rolled up (or short sleeves) aprons are recommended. All other supplies will be provided.

Attendee Minimum: 1 **Maximum:** 8 **Cost:** 5 **Prereg req'd:**

Stream: Other

Class Title: Beginner's Soapstone Carving

Instructor: Philippe de St-Denis, O.L.

Sunday 1:30:00 PM 2 hours Archaeology, 124

A basic class on learning the various tools and techniques of soapstone carving. This is a hands-on class. Students may expect to create a small carving.

Attendee Minimum: 2 Maximum: 6 Cost: 5 Prereg req'd: Yes

Stream: Other

Class Title: So I learned to spin...now what?

Instructor: Her Royal Highness Saxa

Sunday 1:30:00 PM 1 hour Kirk Hall, 144

How to process the yarn you have spun. Niddy-noddies, washing and drying. What to do with your yarn after you spin it.

Attendee Minimum: 1 Maximum: 8 Cost: 0 Prereg req'd:

Stream: Other

Class Title: Dying and Finishing Leather

Instructor: Ladyship Quinn

Sunday 2:45:00 PM 1 hour John Mitchell, 182

Demonstration and Information on different dyes and their properties, and how to finish the leather so the colour doesn't transfer

Attendee Minimum: 1 Maximum: 8 Cost: 2 Prereg req'd: No

Classes in SCA Culture

Stream: SCA Culture

Class Title: Laurels: What we're looking for in candidates

Instructor: Viscountess Maiosara, OL

Saturday 11:15:00 AM 1 hour Kirk Hall, 144

What does it take to become a Laurel? This presentation seeks to demystify requirements and challenge rumors about the peerage. It touches on prerequisites and expectations, some common candidate stumbling blocks, the difference between a talented artisan and a Laurel, and more.

Attendee Minimum: 1 **Maximum:** Cost: 0 **Prereg req'd:** No

Stream: SCA Culture

Class Title: Running Tournament Lists

Instructor: Rene de Carr (Avacal Mistress of Lists) Tommaso Tiepolo

Saturday 1:30:00 PM 1 hour Kirk Hall, 146

From the humble defender to the royals of Avacal, a tournament is used to decide the victor. Running a tournament may feel like a daunting task but join us as we walk through the roles of both the lists and Herald and these roles in Avacal work together smoothly. If you are interested in either list or being a tournament herald, this is a class you will not want to miss. We will also go through the basics then build on to them to show how our method evolved to run large crown tournaments smoothly and how each cog is important in making a professional and regal looking display.

Attendee Minimum: **Maximum:** **Cost:** 0 **Prereg req'd:**

Stream: SCA Culture

Class Title: How to teach a Welcome to the SCA class

Instructor: Countess Asney Grimolfsdottir

Saturday 1:30:00 PM 1 hour Physics, 128

The SCA is a complex society with its own language. It takes most new comers months to understand the basic hierarchy, protocols and etiquette embedded within. Learn how to simplify describing the SCA in short bursts with added gaming conventions to make learning fun. Use aspects of this course to lead a Newcomers Class in the future, or speak at demos or other SCA events where the public may attend.

Attendee Minimum: 1 **Maximum:** 100 **Cost:** 0 **Prereg req'd:** No

Stream: SCA Culture

Class Title: Pennsic 101

Instructor: Arwyn of Leicester, OP

Saturday 1:30:00 PM 1 hour Physics, 130

Pennsic is the largest KW event and is held for 2 weeks at Coopers Lake Campground in Pennsylvania an hour north of Pittsburg. Learn about what happens at Pennsic, how to get there, site rules (that are different than our camping events), things to do, where Avacal's camping is, what services are on site and much more. Bring your questions. Both for the dreamers and those attending this year.

Attendee Minimum: 1 **Maximum:** **Cost:** 0 **Prereg req'd:** No

Stream: SCA Culture

Class Title: Beyond an Attempt

Instructor: Jehannette de Brie

Saturday 2:45:00 PM 1 hour Kirk Hall, 146

A general discussion on moving from the modern world to the SCA medieval world to your persona's world and how to reconcile the differences. This class is designed to encourage you to go beyond the attempt at Pre-17th Century.

Attendee Minimum: 2 Maximum: Cost: 0 Prereg req'd: No

Stream: SCA Culture

Class Title: Before You Rule

Instructor: Count Arnsbjorn Tiernanson KSCA

Saturday 4:00:00 PM 1 hour John Mitchell, North Studio

Important considerations beyond winning Crown. Prepare to be a mindful ruler.

Attendee Minimum: 1 Maximum: Cost: 0 Prereg req'd: No

Stream: SCA Culture

Class Title: How to be an Inspiration for a Tournament Fighter

Instructor: Her Majesty Kora Kendal

Saturday 4:00:00 PM 1 hour Physics, 130

We will discuss what being an inspiration means to you and what inspirations can do to make tournament days run smoothly. This includes both heavy and rapier tournaments. A handout will be provided. (approximately thirty minutes)

Attendee Minimum: 1 Maximum: 7 Cost: 0 Prereg req'd: No

Stream: SCA Culture

Class Title: Retinue and it's various aspects

Instructor: Maestra Alessandra Luciana Giancomo

Sunday 10:15:00 AM 1 hour Kirk Hall, 146

A class on the various roles of retinue - or how to volunteer and have fun with Royals!

Attendee Minimum: 1 Maximum: Cost: 0 Prereg req'd: No

Stream: SCA Culture

Class Title: Difficult Conversations - giving feedback and/avoiding unintentional conflict

Instructor: Countess Asney Grimolfrsdottir

Sunday 2:45:00 PM 1 hour Kirk Hall, 146

"Can you give your squire/apprentice/protégé/provost/student some feedback?" Or "I need to share some bad news with you" etc.

Having difficult conversations or giving constructive feedback can be a daunting task. If you are a peer, or often find yourself in scenarios of teaching others or in an officer or administrative role, this course will provide you life long skills to assist you in working with others.

This class reviews: 3 principles of building and maintaining rapport, practical theory in positive and constructive feedback, and how to make your intention public so as to avoid unintentional conflict.

This is a hands on class with lots of opportunity for dialogue and practice. Come prepared to have fun and be a bit silly while we learn crucial life skills.

Attendee Minimum: 4 Maximum: 20 Cost: 0 Prereg req'd: No

Scribal Arts Classes

Stream: Scribal

Class Title: Beginners Gilding

Instructor: Una Henriksdotter

Saturday 10:00:00 AM 1 hour Physics, 128

Beginners Gilding looks at the basics of laying gold leaf on scrolls and the origins of the craft. There is a hands-on portion in which we will use modern adhesive, modern gold, silver, and copper leaf, and you will get a starter kit to take home and continue to play around at your leisure, as well as an instructional handout.

Attendee Minimum: 1 **Maximum:** 10 **Cost:** 5 **Prereg req'd:** No

Stream: Scribal

Class Title: Intermediate Gilding

Instructor: Una Henriksdotter

Saturday 11:15:00 AM 1 hour Physics, 128

Intermediate Gilding brings us further into the world of gold leaf. We will discuss the differences between modern and medieval adhesives (size), gold leaf, and paper products vs parchment. There is a hands-on portion to the class in which we will be applying and comparing modern leaf to more traditional leaf, as well as comparing the papers and adhesives. An 'Intermediate Kit' will be available to take home, as well as a handout.

Attendee Minimum: 1 **Maximum:** 10 **Cost:** \$ 7.00 or \$ 2.00 if student already has starter kit **Prereg req'd:** No

Stream: Scribal

Class Title: Calligraphy for Beginners

Instructor: Mestesse Guillaîne de Gualle

Saturday 1:30:00 PM 2 hours Archaeology, 124

Have you always wanted to try calligraphy but did not know where to start? Do you have a calligraphy set tucked away gathering dust because you felt you might try it someday? Have you done calligraphy years ago and would like to pick it up again? Then this is the class for you. This is a practical hands on class that will give you the confidence and knowledge to do beautiful writing.

Attendee Minimum: 1 **Maximum:** 10 **Cost:** 0 **Prereg req'd:** No

Stream: Scribal

Class Title: Advanced Gilding

Instructor: Una Henriksdotter

Saturday 2:45:00 PM 1 hour Physics, 128

Advanced Gilding is designed for the scribal purists, and will delve into the manufacture of gold leaf, gesso, size, and parchment. We will discuss the differences between the modern and medieval manufacturing processes, and there will be an in-depth handout to take home. The hands-on portion of the class will allow us to work with different adhesives, brushes, knives, and burnishing tools. The 'Advanced Kit' will include application tools, adhesives, 24K gold leaf, and a burnishing tool that you can take home with you.

Attendee Minimum: 1 **Maximum:** 10 **Cost:** 13 **Prereg req'd:** No

Stream: Scribal

Class Title: Deconstructing Scroll Layouts

Instructor: Baroness Katerinka Lvovicha

Saturday 4:00:00 PM 1 hour Physics, 126

during this workshop, you will learn to identify key themes in certain scroll layouts and how to recreate them for your own purposes.

Attendee Minimum: 1 Maximum: Cost: 0 Prereg req'd: No

Stream: Scribal

Class Title: Coptic bookbinding

Instructor: Ladyship Quinn

Sunday 10:15:00 AM 2 hours Physics, 128

Come and learn the art of binding books. Each student will be able to take home a bound notebook of their very own. All tools needed for the class will be provided

Attendee Minimum: 1 Maximum: 6 Cost: 20 Prereg req'd: No

Stream: Scribal

Class Title: Scribal Critique Roundtable

Instructor: Baroness Katerinka Lvovicha

Sunday 11:30:00 AM 1 hour Archaeology, 124

a facilitated discussion regarding the treatment of scribes-as-servants vs treatment of scribes-as-artists, and how to find a balance between the two. The facilitator was the kingdom Signet for Northshield.

Attendee Minimum: 1 Maximum: 20 Cost: 0 Prereg req'd:

Stream: Scribal

Class Title: Manuscript Display

Instructor: David Bindle

Sunday 1:30:00 PM 1 hour Library

Mr. Bindle is the Special Collections Librarian for the University of Saskatchewan. His work involves rare, unique and at-risk materials, including medieval manuscripts, early printed books, other special collections. He is willing to share his knowledge and interesting bits of his collection with us. We will travel to the library for this viewing - meet at the museum to walk together across campus.

Attendee Minimum: 5 Maximum: 20 Cost: 0 Prereg req'd: Yes

Stream:

Class Title: Sigelhundas Meeting

Instructor: Kraig Landenthal, Kingdom Seneschal

Saturday 4:00:00 PM 1 hour Archaeology, 112

A discussion for the populace of the shire.

Attendee Minimum: Maximum: Cost: Prereg req'd: